

2011-2012

Glendale Community College

**Cheer and Dance
Team**

**Try-out Information Packet
&
Contract for 2011-2012 Season**

Welcome to Glendale Community College, and thank you for your interest in the GC Cheer and Dance Program. We hope that your try-out is fun and challenging, and we encourage you to read all of the information contained in this packet.

GOOD LUCK DURING YOUR TRY-OUT!

Contact Information

The Office for Student Affairs

818-240-1000 ext. 5592

Coach's email

Jessie Moorehead

CoachJessie@GlendaleCollegeSpirit.com

Name _____
Last, First Middle (Nickname)

Address _____

Home Phone _____ Cell Phone _____

Email _____

Birth Date _____ Age _____

Parent/Guardian Name(s) _____

School Currently Attending _____

Year in School: HS/Senior Freshman Sophomore

Current Coach or Advisor _____

Day Phone _____ Evening Phone _____

Do you own a car? YES/NO If "NO" how will you get to school, practices and events?

How did you find out about try-outs? _____

Cheer or Dance Experience _____

Please list any specialty skill (i.e. tumbling, dance tricks)

List any and all major injuries and /or health problems _____

Medical Insurance Company _____
Policy # _____ Group # _____

In case of emergency, please notify

1. _____
Name Phone #
2. _____
Name Phone #
3. _____
Name Phone #

I have read and understand all of the requirements and regulations regarding the GCC Cheer and Dance try-outs and I agree to abide by them. I also agree to abide by the decisions of any judges involved in the try-out process, as well as the decisions of the GCC cheer and dance coaches. The decisions of the GCC cheer and dance coaches are final and cannot be disputed. I understand my responsibility regarding the time commitment and the financial obligation required. The answers on this application are true to the best of my knowledge. I hereby waive Glendale Community College, the GCC Cheer and Dance Program, the GCC Cheer and Dance coaches, and any judges, interviewers and try-out assistance of any responsibility or liability in the event of any injury during the GCC try-out process.

Signature Date

If under the age of 18 years old at the date stated above, a parent or legal guardian's signature is required.

Signature Date

Cheer and Dance Requirements

I. Try-out Eligibility

- A. Currently or in process of enrolling at Glendale Community College
- B. In good academic standing

II. Material/Schedule

A. Cheer

- 1. Cheer: taught at try-outs
- 2. Dance: taught at try-outs
- 3. Jumps: toe touch, hurdler, pike
- 4. Gymnastic: standing and running tumbling
- 5. Stunts: (Base and/or Fly) extension, liberty, arabesque, scorpion, scale, full down and double full down.

B. Dance

- 1. Dance: taught at try-outs
- 2. Skills: pique turns, a la secoude turns, fouttes turns, grand jete leap, switch leap, leg extensions.

C. The Try-out Schedule

- 1. Registration will begin at 1pm until done.
- 2. Try-out material will be taught.
- 3. Results will be posted online
www.GlendaleCollegeSpirit.com

III. Attire/Safety Awareness

A. Cheer

- 1. Candidates should wear bike shorts or cotton shorts (no loose or baggy clothing), tank top or sports bra, and cheer shoes or aerobic type shoes to all try-out sessions and practices.
- 2. Hair should be tied back away from the face.
- 3. No Jewelry of any kind will be allowed.

B. Dance

- 1. Candidates should wear black dance pants, tank top or sports bra, and jazz shoes to all try-out sessions and practices.
- 2. Hair should be tied back away from the face.
- 3. No Jewelry of any kind will be allowed.

- C. While practicing partner stunts candidates MUST work in groups of four, if coed partner stunting two performing the stunt and two spotting. If pod stunting, three bases one flyer you must also have at least two spotters.

- D. Candidates are to practice only those stunts authorized by GCC Cheer Coaches.

IV. Eligibility (for those chosen for the 2011-2012 GC squads)

- A. Must maintain good academic standing with Glendale Community College.
- B. Must be enrolled in 9 units.

V. General Policies

A. Practices/Events

1. All Practices, Camps, Games, Fundraisers and Competitions are **MADATORY** no exceptions.
2. Lack of attendance will result in nonparticipation or dismissal from team.
3. 3 hour practices/3 days a week (estimated dates and times, Mon & Wed 8pm-11pm & Sun 12-3)
4. Coaches reserve the right to schedule additional practices as needed.
5. Fundraisers will be arranged on Thursdays and Sundays.

B. Camp/Comp/Plane

1. Camp deposit will be due May 2nd.
2. All deposits are **nonrefundable!**
3. Any monies not paid in full will be subject to blocked registration, blocked transcripts, and possible legal action.
4. UCA PLANE TICKET PAYMENT SCHEDULE
 - a. First Payment Nov. 2nd \$150 (\$100 is of payment is a deposit, **All Deposits Non Refundable**)
 - b. Final Payment Dec 5th \$300 (Final amount subject to change to less or more depending on the market)

C. Games

1. All Practices, Camps, Games and Competitions are **MANDATORY** no exceptions.
2. Football
 - a. Will be on Saturdays; do not schedule anything else on that day. There will be night and day games.
 - b. You will be required to arrive at least an hour and a half before start time of each game.
 - c. You will be in full uniform and or Glendale College attire only when you arrive.

3. Basketball

- a. Will be on Wednesdays and Saturdays unless otherwise posted.
- b. You will be required to arrive a least one hour before start time of each game.
- c. You will be in full uniform when you arrive.

D. Holiday and vacations will be determined according to regular season games, playoffs, tournaments, practices and Competitions.

E. Uniform

1. First Team Meeting will be **MAY 2ND**
 - a. May 2nd Uniform/Camp/TW Deposit is due. (\$300)
 - b. June 1st (\$300)
 - c. July 11th (Final Payment/Balance)
2. Uniform fitting will be **April 29th**
3. All deposits are **nonrefundable!**
4. There will be fundraisers and sponsors
5. There will be payment plans available for special circumstances.
6. Any monies not paid in full will be subject to blocked registration, blocked transcripts and possible legal action.

F. Fundraising

1. All fundraisers are **MADATORY.**
2. If not in attendance compensations for loss will be required.

G. Conduct

1. All team members are required to maintain a positive image that best represents the team and college.
 - a. All video or images of the team or school must maintain positive representation.
 - b. The college and coaches have the right to request any or all videos or images that depict the team or school inappropriately to be taken down.
 - c. If instructions are not followed disciplinary action will be taken by the discretion of the coaches and college.

VII. Miscellaneous Information

- A. A member of the 2011-2012 GC Cheer and Dance Program will be required to attend football games, basketball games, Fund-raisers, special school engagements, competitions and financial obligations.
- B. Your current coach/advisor may be called as a reference.
- C. Be advised of the possible requirement of gymnastic class for cheer, and dance technique class for dance.
- D. Please be aware that the coach reserves the right to dismiss any persons that does not meet the necessary academic, personality, or physical requirements needed to maintain our tradition of excellence.

PLEASE UNDERSTAND THAT BEING A GC CHEER OR DANCE MEMBER INVOLVES A BIG TIME COMMITMENT, AS YOU WILL CHEER AT ALL FOOTBALL AND BASKETBALL GAMES, SPECIAL APPEARANCES, COMPETITIONS/EXHIBITIONS AND FUNDRAISERS. BE HONEST WITH YOURSELF AS YOU EVALUATE THESE COMMITMENTS.

I have read and understand all that is contained in this try-out packet and contract for the 2011-2012 cheer and dance season.

Signature

Date

If under the age of 18 years old a parent or legal guardian's signature is required.

Signature

Date